

# Top Spin



The latest news from Southdown Sports Club • March 2019

## Welcome!

Welcome to the first newsletter for 2019, giving you a quarterly insight on all the latest Southdown tennis news, dates for your diary and updates.

Enjoy the read!

We would love to include your tennis story so please send, along with any pictures to [jane@imagemattersltd.co.uk](mailto:jane@imagemattersltd.co.uk)

## Quiz night for all members

Join us on Friday 1st March at Southdown Sports Club for another quiz night. Members and non-members welcome.

- 7.00 for 7.30 start
- £2.50 a head to enter
- Enter as a team or come alone (max 7 per team)
- Pizzas, pasta, soup, salads, chips available to order on the night
- Buy your tickets at Lazzati's NOW
- All entries must be paid for by Monday 25th February
- All proceeds from ticket sales go to The Bevern Trust.



## Southdown Juniors and Milligan Tennis

### Some great results from our juniors through 2018

**Lui Maxted** - the U18 national winner of the tour finals

**Talitha Mitchell** - part of the girls U12 Sussex team finishing 3rd in their group

**Charlie Holmes** - part of the boys U12 county cup national finals

**Ellie Dasent and Anna Kilsby** - took part in the ladies summer county cup, back up into division two after being promoted the season before

**Ellie Dasent** played in The Eastbourne College team coached by Luke Milligan, making it to the semis in the schools national championships.

**Well done to all and good luck for 2019**

## Dates for the 2019 diary

**Sunday 25 February** - End of month club tournament 2-4pm

**Friday 1 March** - Club quiz night - open to all members from 7pm

**Friday 29 March** - Entries open for the club championships

**Sunday 31 March** - End of month club tournament 2-4pm

**Sunday 31 March** - Wimbledon ballot draw from 4pm

**Wednesday 3 April** - Club tennis 6:30-8:30 £1

**Friday 18 April** - Entries close for the club championships

**Monday 22 April** - Cardio Tennis - Weekly £5

**Wednesday 24th April** - Rusty rackets - Weekly 5:30-6:30 £5

**Friday 26 April** - Draws published for the club championships

**Sunday 28th April** - End of month club tournament 2-4pm

**Wednesday 15 May** - Summer BBQ from 7pm

**Sunday 26 May** - End of month club tournament 2-4pm

**Wednesday 12 June** - Summer BBQ from 7pm

**Sunday 30 June** - End of month club tournament 2-4pm

**Saturday 6 July** - Tennis Open Day (more info to come)

**Saturday 20 July** - Club championships

**Saturday 27/Sunday 28** - Twinning Weekend (more info to come)

**Friday 25 October** - Club quiz night

**Drop in** - Wednesday 10:00-11:30 all year (£6 members/£10 non)

**Team Training** - Wednesday 6:30-7:30 all year (7 for indoor, £5 for outdoor)

**Club Tennis** - Saturday 2:00-5:00 all year (£1)

**FURTHER DATES TO BE PUBLISHED IN THE NEXT NEWSLETTER**

# SUCCESS BREEDS SUCCESS

## Tennis Sussex County Championships

Over 260 players from across the county participated in The Tennis Sussex County Championships which was held at Southdown Sports Club last year, the 2nd year that Southdown has successfully hosted the tournament.

Individual congratulations to go the following winning players who play at Southdown as part of the Junior Tennis Programme - Milligan Tennis:

- Ryan Green and Ellie Dasant - Open Mixed Doubles
- Harvey Kilsby with his partner Alex Hyman - Open Mens Doubles and 18U Boys Doubles
- Evelyn Thoms and William Taunton - 14U Mixed Doubles
- Evelyn Thoms with her partner Sophia Rudko - 14U Girls Doubles
- Ben Goodwin with his partner Lemuel Cassidy - 14U Boys Doubles
- Evelyn Thoms - 14U Girls Singles
- William Taunton and Charlie Holmes - 12U Boys Doubles
- William Taunton - 12U Boys Singles

Having built on the success of running the tournament over the last couple of years, Southdown are again the hosts for 2019, aiming to make the competition bigger and better..



Watch out for the dates. It's certainly worth watching some of the great tennis played.

## Grade 111 Tournament

The Southdown Sports Club LTA Grade 3 Doubles Tournament was held on 16th/17th June 2018 and had 45 entries. The categories were Men's Open doubles, Ladies Open doubles and Girls 16& under doubles.

This year the Southdown Sports Club LTA Grade 3 Doubles Tournament is being held on 15th/16th June and has more age groups. The age groups this year are Boys/Girls 12 and 16& under as well as Men's/Ladies Open doubles and a Men's/Ladies senior over 50's doubles event. Matches will be played on the grass and astro courts weather permitting. The tournament opens for entries on 30th April 2019.

These are regional level competitions that count for both ratings and rankings and Southdown is proud to be continuing to host this tournament. We look forward to more Southdown tennis members taking part - the publicity flyer will be available soon in the club reception.

**Southdown is proud to be giving their support to these events - providing great visibility for the club and supporting tennis in Sussex.**

## Junior of the month

### Lui Maxed

Southdown junior member Lui Maxed was crowned British u18 Winter indoor champion on the 3rd of February. Having qualified for the national finals by winning one of the qualifying events last year, Lui (15) came through 4 matches at the national tennis centre in impressive style to lift the title. A big well done to Lui from everyone at the club!



*Lui pictured with Head Coach Luke Milligan*

## Social Media

In 2018 Milligan tennis and Southdown have been getting grips with the power of social media.

It's a way for us to express how proud we are of our players and members every day. With the use of Instagram and Facebook we can support other clubs as they do with us, it allows members to keep up to date with club matches, junior players, and sessions that we run, all in one place.

So far we have seen our head coach Luke Milligan win coach of the year award for Sussex, Christmas jumper week, club match success and the junior awards for the year. Go check out who won!

**Instagram:** [Milligantennis](#)

**Instagram:** [Southdownsportsclub](#)

**Facebook:** [Milligantennis](#)

**Facebook:** [Southdowntennis](#)

## 5th Team Update:

The men's 5th team is the entry level men's tennis team at Southdown. Ben Llewelyn the recently appointed captain has done a superb job in bringing new players into the side. His enthusiastic attitude on and off court has meant that he now has an 8 man team competing in the league on a rotation system. If you

have any interest in playing competitive tennis please get in contact with one of the coaches/captains. We are looking at the possibility of adding a 6th team due to the increased demand.



# CLUB TOURNAMENT

Join us on the last Sunday of each month for an informal social tournament. The next tournament will take place on Sunday 24th February – 2-4pm

- To be run in a format that members of all standards can enjoy
- Tea and homemade cake\* will be served at the end of the tournament
- Cost to enter £5 – to cover court hire/balls/tea
- We require 8+ players for the event to proceed so please encourage your friends/colleagues to join in
- Please sign up on the sheet on the tennis notice board if you are going to join us so we can cater for the numbers – and if you can supply homemade cake



## OPT IN FOR THE 2019 WIMBLEDON BALLOT IS NOW OPEN!



British Tennis Members have until 22 February 2019 to opt in to this year's ballot. To be eligible for tickets you must have Opted In so please ensure you have done so by visiting the Members' Area of the LTA website.

The clubs ticket allocation is determined by the number of members that Opt In so it is important that as many members as possible sign up.

All tennis club members are eligible to be members of the LTA so if you haven't joined already you can do so by visiting their website.

Once the tickets have been allocated to the club in mid-March, we will ask you to sign up for your preferences on the notice board next to the reception.

The ticket draw will take place after the Sunday Club Tournament on Sunday March 31st at 4pm.

**So please OPT IN now!**

## Lewes Lunch Club

This business networking group was set up by Jane Doswell at Southdown Sports Club, meeting on the third Wednesday of each month.

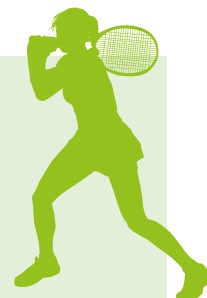
They're a chance to network and discuss business opportunities with other like-minded business people from the local area. Arrive from 12:30 pm to mingle over a welcome drink, followed by a two course lunch.

Everyone is very friendly, and the lunches are informal – we have no membership fees, no long-term commitments just good food and good company.

If you would like to join us please email [jane@imagemattersltd.co.uk](mailto:jane@imagemattersltd.co.uk)



## SDC Ladies 3rd Team



The ladies 3rd team are enjoying another good season. We were promoted to Division L6E at the end of the last Winter season and have enjoyed the challenge of playing in a higher Division. A number of our matches have been extremely close, but we have generally managed to hold our own and are currently lying in the middle of the group having won 2, drawn 1 and lost 1 match.

We are lucky to have quite a large squad of players and one of the most enjoyable aspects has been having the opportunity to play matches with different partners and to welcome several new members of the club to the team. We generally travel to matches together and it has been fun to

get to know each other both on and off the court. Just before Christmas we had a very enjoyable team gathering at The Pelham Arms with a delicious meal and lots of laughter.

We are looking forward to our remaining matches this season and having also been promoted last summer, to some more challenging and enjoyable tennis in the Summer League.

We are always keen to welcome new players so if you would like to join one of the teams please do get in touch.

**Camilla Ferguson**  
Ladies 3rd Team Tennis Captain

# THE BEVERN TRUST - Southdown Tennis charity of the year

Sussex Disability Charity The Bevern Trust was founded in 1999 after local parents with profoundly disabled children were concerned for the future of their child as they got older. Resources, funding and support for profoundly disabled people reduces significantly after turning 18 and there are few places in Sussex that can provide support, respite or residential care for some of the most vulnerable and marginalised people in our community.

As a charity we must raise at least £12,000 each month to allow profoundly disabled people a meaningful quality of life that most of us take for granted.

The Charity is seeking to extend its ethical approach to caring for vulnerable people by reaching out to more of the 1000 people with complex needs in East Sussex. We are doing this by building a second care home near Lewes in the next three years.

Furthermore, The Bevern Trust is working with experts in care to establish an affordable domiciliary care service to help even more families in their own homes across Sussex. With 4000 profoundly disabled adults in Sussex and only



1000 available beds it is a service that is desperately needed.

We can only continue to do this with the support of organisations like Southdown Tennis Club, and people in the Lewes community, who embrace The Bevern Trust as a truly local Charity.

For more information visit [beverntrust.org](http://beverntrust.org), like us on Facebook and follow us on Twitter @thebeverntrust.



## Would you like to play for a team?

If you would like to play some competitive tennis then why don't you sign up to play for one of the club's teams. To show your interest please email [ryangreentennis@gmail.com](mailto:ryangreentennis@gmail.com).

## Club tennis:

Club tennis is a relaxed coach led match play session for all ages and abilities. Players are placed into ability appropriate matches by the coach, who will then specify a time frame for the match (Usually 40 minutes) The cost of the session is £1 to cover the cost of balls.

**Wednesday 6:30-8:30 -**  
Ryan - Spring/Summer

**Saturday 2:00-5:00 -**  
Luke Ellis - All year

## TENNIS HOLIDAY 2019

Thanks to those who expressed an interest in the Tennis holiday to Portugal in April. Unfortunately we didn't have the numbers to make the trip viable so the holiday will be postponed until September in the hope that more members will sign up.



## DROP IN UPDATE:

Drop in continues to be a well attended session for all ages and abilities. The aim of the session is to improve your doubles tactics in a friendly group environment. The session runs on a Wednesday morning from 10:00-11:30 all year round. The cost of the session is £6 for members and £10 for non members. Please contact coach Ryan for any information or if you wish to attend on 07824471105.



## Coach of the year

Southdown sport club head coach Luke Milligan has been named Sussex coach of the year 2018. Luke fought off strong competition in the coach of the year category to receive this prestigious award.

