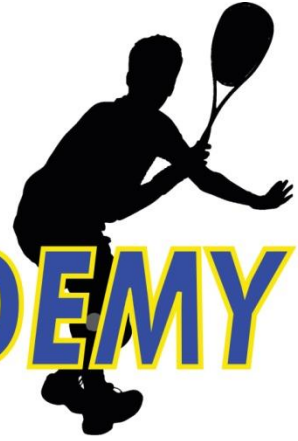


DOWNNS VIEW SQUASH ACADEMY



SUMMER SQUASH CAMP 2021

Tuesday 17th August – Thursday 19th August 10.30am-3.30pm

Venue – Southdown Sports Club, Lewes

Cost - £90 members (£160 for two if siblings) or £100 non-members (£180 for two if siblings)

Want to get your game into shape for next season? An intensive camp is one of the best ways of achieving this!

The camp will include skills practice, fun games, video analysis, fitness sessions, yoga/flexibility for squash, mini competitions, introductory racketball etc plus Finn's famous quizzes!

Please remember to bring along a packed lunch, snacks and drinks!

Alternatively, there are catering facilities at the club.

The camp is suitable for beginners and improvers and will have two coaches present to enable greater individual attention. Numbers will be limited to ensure quality of delivery and for covid compliance.

This year there is the option of an early drop-off to help parents needing to get to work. Café Lazatti is open from 10.00am for those requiring a pre camp breakfast/snack. No squash permitted before 10.30am though! The café will also be available during the lunchtime break and for snacks/drinks throughout the day.

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SUMMER SQUASH CAMP 2021 – Registration Form

Name and age:

Contact numbers and e mail (please provide two if possible):

Health/Medical issues (please provide any/all relevant details relating to child/children including physical, emotional etc plus medication):

Cheques payable to Downs View Squash Academy or bank transfer:

Nat West 60-22-05 Account 63181215

Waiver and release:

I certify that my child/children is/are fit and able to participate in the DVSA 2021 Summer Camp. In the event of accident/sickness/emergency I give my permission for DVSA to administer first aid and/or obtain professional medical help (including transporting child/children to medical facilities).

I do/do not give permission for photographs of my child/children to be used for DVSA promotional purposes.

Signed:..... Date.....

Stephen – 07425 167712 sphsquash@hotmail.co.uk