

SOUTHDOWN SQUASH

CLUB GROUP COACHING – SPRING TERM 1 - 2025

Adult / Team Sessions - DATES

WEDS Club night Suitable for all	5-8pm	ALL YEAR
THURS Women's group Suitable for all	7-8pm	TERM TIME ONLY Starts 27 Feb
FRI Drills Development Team standard +	6-7pm	TERM TIME ONLY Starts 28 Feb
FRI Fitness Session Aimed at Team players	7-7.40pm	TERM TIME ONLY Starts 28 Feb

Adult / Team Sessions - COSTS

ADULT CLUB NIGHT	Members FREE!	Non-Members £10.00 per session drop in
WOMENS SQUASH & FRIDAY DRILLS & FRIDAY FITNESS	Members £8.00 per session if paid termly £10.00 drop in £48.00 per 6-week term	Non-Members £9.00 per session if paid termly £11.00 drop in £54.00 per 6-week term

Private Coaching

We now offer private coaching from £20 p/40-minute session - £25 p/h. Please enquire for availability.

PAYMENTS TO:

Southdown Squash (Business Account) Sort Code: 04-03-33 Account No: 16482147

Please use YOUR NAME (or CHILD'S NAME for junior session) as a reference.

For all booking or session enquiries – please email southdownsquash@gmail.com

Coaching enquiries: 07775 655 633 / 07810 645 296

Club enquiries / reception: 01273 480630