

# SOUTHDOWN SQUASH

## JUNIOR GROUP COACHING- SPRING TERM 2 - 2025

### Junior Sessions - DATES

This term runs from Tuesday 25<sup>th</sup> February through until Saturday 5<sup>th</sup> April. All sessions 6 weeks long

<b>TUES Juniors</b> <b>**MAX 8 per session</b>	3.40 – 4.20 (beginners) 4.20 – 5pm (beginner/intermediate) 5 - 5.40pm (intermediate) 5.40 - 6.20pm (intermediate +)	Starts Tues 25/02
<b>WEDS Junior Club night</b>	4.20 - 5.20pm (all levels)	Starts Weds 26/02
<b>FRI Juniors – SMALL GROUP</b> <b>**MAX 3 per session</b>	4.40-5.20pm (beginners +) 5.20-6pm (intermediate +)	Starts Fri 28/02
<b>SAT Juniors</b>	9.40-10.20am (beginners +) 10.20-11am (intermediate +)	Starts Sat 01/03

### Junior Sessions - COSTS

<b>TUES / WEDS / SAT</b>	<b>Members</b>	<b>Non-Members</b>
<b>JUNIOR SESSIONS</b>	£6.50 per session if paid termly £8.00 drop in	£7.50 if paid termly £9.00 drop in
<b>1 child</b>	£39.00 per 6-week term	£44.00 per 6-week term
<b>2+ children / sessions pw</b>	£36.00 per 6-week term each	£41.00 per 6-week term each

  

<b>FRI</b>	<b>Members</b>	<b>Non-Members</b>
<b>JUNIOR SMALL GROUP</b>	£12.00 per session if paid termly £15.00 drop in	£13.00 if paid termly £16.00 drop in
<b>1 child</b>	£72.00 per 6-week term	£78.00 per 6-week term
<b>2+ children / sessions pw</b>	£69.00 per 6-week term each	£75.00 per 6-week term each

### Private Coaching

We now offer private coaching from £20 p/40-minute session - £25 p/h. Please enquire for availability.

#### PAYMENTS TO:

Southdown Squash (Business Account)    Sort Code: 04-03-33    Account No: 16482147

Please use YOUR NAME (or CHILD'S NAME for junior session) as a reference.

For all booking or session enquiries – please email [southdownsquash@gmail.com](mailto:southdownsquash@gmail.com)

Coaching enquiries: 07775 655 633 / 07810 645 296

Club enquiries / reception: 01273 480630

# SOUTHDOWN SQUASH

## CLUB GROUP COACHING – SPRING TERM 1 - 2025

### Adult / Team Sessions - DATES

<b>WEDS Club night</b> Suitable for all	5-8pm	ALL YEAR
<b>THURS Women's group</b> Suitable for all	7-8pm	TERM TIME ONLY Starts 27 Feb
<b>FRI Drills</b> Development Team standard +	6-7pm	TERM TIME ONLY Starts 28 Feb
<b>FRI Fitness Session</b> Aimed at Team players	7-7.40pm	TERM TIME ONLY Starts 28 Feb

### Adult / Team Sessions - COSTS

<b>ADULT CLUB NIGHT</b>	<b>Members</b> FREE!	<b>Non-Members</b> £10.00 per session drop in
<b>WOMENS SQUASH &amp; FRIDAY DRILLS &amp; FRIDAY FITNESS</b>	<b>Members</b> £8.00 per session if paid termly £10.00 drop in £48.00 per 6-week term	<b>Non-Members</b> £9.00 per session if paid termly £11.00 drop in £54.00 per 6-week term

### Private Coaching

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