



Southdown Tennis junior programme

DAY	AGES 4/8 RED BALL	AGES 8-10 ORANGE	AGES 9-10+	AGES 11+ YELLOW BALL	YELLOW BALL PERFORMANCE INVITE ONLY
MONDAY	4:30-5:30 Lizzy	4:30-5:30 Ellie	5:30-6:30 Ryan Development Invite only	5:30-6:30 Ellie 10+ 6:30-8 Ryan Improvers 14+	6:30-8:00 Development performance Ellie 14+
TUESDAY		4:30-5:30 Girls only -Sam		6:30-8:00 Ryan 12+	
WEDNESDAY	4:30-5:30 Ellie	4:30-5:30 Adrian	5:30-6:30 Adrian & Ryan		
THURSDAY				5:30-6:30 Ellie 12+	
FRIDAY	4:00-5:00pm Adrian Invite only				
SATURDAY	9:00- 10:00 Lizzy	9:00-10:00 Sam ORANGE		10:00-11:00 Yellow ball Lizzy 10+	

